

## **Appendix: Research Investigators for the LIFE Study**

The Lifestyle Interventions and Independence for Elders Study is funded by a National Institutes of Health/National Institute on Aging Cooperative Agreement #UO1 AG22376 and a supplement from the National Heart, Lung and Blood Institute 3U01AG022376-05A2S, and sponsored in part by the Intramural Research Program, National Institute on Aging, NIH.

### **Administrative Coordinating Center, University of Florida, Gainesville, FL**

Marco Pahor, MD – Principal Investigator of the LIFE Study  
Jack M. Guralnik, MD, PhD – Co- Investigator of the LIFE Study (University of Maryland School of Medicine, Baltimore, MD)  
Stephen D. Anton, PhD  
Thomas W. Buford, PhD  
Christiaan Leeuwenburgh, PhD  
Susan G. Nayfield, MD, MSc  
Todd M. Manini, PhD  
Connie Caudle  
Lauren Crump, MPH  
Latonia Holmes  
Jocelyn Lee, PhD  
Ching-ju Lu, MPH

This research is partially supported by the University of Florida Claude D. Pepper Older Americans Independence Center (1 P30 AG028740).

### **Data Management, Analysis and Quality Control Center, Wake Forest University, Winston Salem, NC**

Michael E. Miller, Ph.D. – DMAQC Principal Investigator  
Mark A. Espeland, Ph.D. – DMAQC Co- Investigator  
Walter T. Ambrosius, PhD  
William Applegate, MD  
Daniel P. Beavers, PhD, MS  
Robert P. Byington, PhD, MPH, FAHA  
Delilah Cook, CCRP  
Curt D. Furberg, MD, PhD  
Lea N. Harvin, BS  
Leora Henkin, MPH, Med  
John Hepler, MA  
Fang-Chi Hsu, PhD  
Kathy Joyce  
Laura Lovato, MS  
Juan Pierce, AB  
Wesley Roberson, BSBA  
Julia Robertson, BS  
Julia Rushing, BSPH, MStat  
Scott Rushing, BS  
Cynthia L. Stowe, MPM  
Michael P. Walkup, MS

Don Hire, BS  
W. Jack Rejeski, PhD  
Jeffrey A. Katula, PhD, MA  
Peter H. Brubaker, PhD  
Shannon L. Mihalko, PhD  
Janine M. Jennings, PhD

**National Institutes of Health, Bethesda, MD**

Evan C. Hadley, MD (National Institute on Aging)  
Sergei Romashkan, MD, PhD (National Institute on Aging)  
Kushang V. Patel, PhD (National Institute on Aging)

**National Heart, Lung and Blood Institute, Bethesda, MD**

Denise Bonds, MD, MPH

**Field Centers**

**Northwestern University, Chicago, IL**

Mary M. McDermott, MD – Field Center Principal Investigator  
Bonnie Spring, PhD – Field Center Co-Investigator  
Joshua Hauser, MD – Field Center Co-Investigator  
Diana Kerwin, MD – Field Center Co-Investigator  
Kathryn Domanchuk, BS  
Rex Graff, MS  
Alvito Rego, MA

**Pennington Biomedical Research Center, Baton Rouge, LA**

Timothy S. Church, MD, PhD, MPH – Field Center Principal Investigator  
Steven N. Blair, PED (University of South Carolina)  
Valerie H. Myers, PhD  
Ron Monce, PA-C  
Nathan E. Britt, NP  
Melissa Nauta Harris, BS  
Ami Parks McGucken, MPA, BS  
Ruben Rodarte, MBA, MS, BS  
Heidi K. Millet, MPA, BS  
Catrine Tudor-Locke, PhD, FACSM  
Ben P. Butitta, BS  
Sheletta G. Donatto, MS, RD, LDN, CDE  
Shannon H. Cocreham, BS

**Stanford University, Palo Alto, CA**

Abby C. King, Ph.D. – Field Center Principal Investigator  
Cynthia M. Castro, PhD  
William L. Haskell, PhD  
Randall S. Stafford, MD, PhD  
Leslie A. Pruitt, PhD

Veronica Yank, MD

Kathy Berra, MSN, NP-C, FAAN  
Carol Bell, NP  
Rosita M. Thiessen  
Kate P. Youngman, MA  
Selene B. Virgen, BAS  
Eric Maldonado, BA  
Kristina N. Tarin, MS, CSCS  
Heather Klaftenegger, BS  
Carolyn A. Prosak, RD  
Ines Campero, BA  
Dulce M. Garcia, BS  
José Soto, BA  
Linda Chio, BA  
David Hoskins, MS

**Tufts University, Boston, MA**

Roger A. Fielding, PhD – Field Center Principal Investigator  
Miriam E. Nelson, PhD  
Sara C. Folta, PhD  
Edward M. Phillips, MD  
Christine K. Liu, MD  
Erica C. McDavitt, MS  
Kieran F. Reid, PhD, MPH

Dylan R. Kirn, BS  
Evan P. Pasha, BS  
Won S. Kim, BS  
Julie M. Krol, MS  
Vince E. Beard, BS  
Eleni X. Tsiroyannis, BS  
Cynthia Hau, BS, MPH

Dr. Fielding's contribution is partially supported by the U.S. Department of Agriculture, under agreement No. 58-1950-0-014. Any opinions, findings, conclusion, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the U.S. Dept of Agriculture.

This research is also supported by the Boston Claude D. Pepper Older Americans Independence Center (1P30AG031679) and the Boston Rehabilitation Outcomes Center (1R24HD065688-01A1).

**University of Florida, Gainesville, FL**

Todd M. Manini, PhD – Field Center Principal Investigator  
Marco Pahor, MD – Field Center Co- Investigator  
Stephen D. Anton, PhD  
Thomas W. Buford, PhD  
Michael Marsiske, PhD  
Susan G. Nayfield, MD, MSc  
Bhanuprasad D. Sandesara, MD  
Mieniecia L. Black, MS

William L. Burk, MS  
Brian M. Hoover, BS  
Jeffrey D. Knaggs, BS  
William C. Marena, MT, CCRC  
Irina Korytov, MD  
Stephanie D. Curtis, BS  
Megan S. Lorow, BS  
Chaitalee S. Goswami  
Melissa A. Lewis  
Michelle Kamen BS  
Jill N. Bitz  
Brian K. Stanton, BS  
Tamika T. Hicks, BS  
Charles W. Gay, DC  
Chonglun Xie, MD (Brooks Rehabilitation Clinical Research Center, Jacksonville, FL)  
Holly L. Morris, MSN, RN, CCRC (Brooks Rehabilitation Clinical Research Center,  
Jacksonville, FL)  
Floris F. Singletary, MS, CCC-SLP (Brooks Rehabilitation Clinical Research Center,  
Jacksonville, FL)  
Jackie Causer, BSH, RN (Brooks Rehabilitation Clinical Research Center, Jacksonville,  
FL)  
Susan Yonce, ARNP (Brooks Rehabilitation Clinical Research Center, Jacksonville, FL)  
Katie A. Radcliff, M.A. (Brooks Rehabilitation Clinical Research Center, Jacksonville, FL)  
Malloreay Picone Smith, B.S. (Brooks Rehabilitation Clinical Research Center,  
Jacksonville, FL)  
Jennifer S. Scott, B.S. (Brooks Rehabilitation Clinical Research Center, Jacksonville, FL)  
Melissa M. Rodriguez B.S. (Brooks Rehabilitation Clinical Research Center,  
Jacksonville, FL)  
Margo S. Fitch, P.T. (Brooks Rehabilitation Clinical Research Center, Jacksonville, FL)  
Mendy C. Dunn, BSN (Assessment) (Brooks Rehabilitation Clinical Research Center,  
Jacksonville, FL)  
Jessica Q. Schlesinger, B.S. Brooks Rehabilitation Clinical Research Center,  
Jacksonville, FL)

This research is partially supported by the University of Florida Claude D. Pepper Older  
Americans Independence Center (1 P30 AG028740).

**University of Pittsburgh, Pittsburgh, PA**

Anne B. Newman, MD, MPH – Field Center Principal Investigator  
Stephanie A. Studenski, MD, MPH – Field Center Co-Investigator  
Bret H. Goodpaster, PhD  
Oscar Lopez, MD  
Nancy W. Glynn, PhD  
Neelesh K. Nadkarni, MD, PhD  
Diane G. Ives, MPH  
Mark A. Newman, PhD  
George Grove, MS  
Kathy Williams, RN, BSEd, MHSA  
Janet T. Bonk, MPH, RN  
Jennifer Rush, MPH  
Piera Kost, BA (deceased)

Pamela Vincent, CMA  
Allison Gerger, BS  
Jamie R. Romeo, BS  
Lauren C. Monheim, BS

The Pittsburgh Field Center is partially supported by the Pittsburgh Claude D. Pepper Older Americans Independence Center (P30 AG024827).

**Wake Forest University, Winston Salem, NC**

Stephen B. Kritchevsky, Ph.D. – Field Center Principal Investigator  
Anthony P. Marsh, PhD – Field Center Co-Principal Investigator  
Tina E. Brinkley, PhD  
Jamehl S. Demons, MD  
Kaycee M. Sink, MD, MAS  
Kimberly Kennedy, BA, CCRC  
Rachel Shertzer-Skinner, MA, CCRC  
Abbie Wrights, MS  
Rose Fries, RN, CCRC  
Deborah Barr, MA, RHED, CHES

The Wake Forest University Field Center is, in part, supported by the Claude D. Pepper Older Americans Independence Center (1 P30 AG21332).

**Yale University, New Haven, CT**

Thomas M. Gill, M.D. – Field Center Principal Investigator  
Robert S. Axtell, PhD, FACSM – Field Center Co-Principal Investigator (Southern Connecticut State University, Exercise Science Department)  
Susan S. Kashaf, MD, M.P.H. (VA Connecticut Healthcare System)  
Nathalie de Rekeneire, MD, MS  
Joanne M. McGloin, MDiv, MS, MBA  
Raeleen Mautner, PhD  
Sharon M. Huie-White, MPH  
Luann Bianco, BA  
Janice Zocher  
Karen C. Wu, RN  
Denise M. Shepard, RN, MBA  
Barbara Fennelly, MA, RN  
Rina Castro, LPN  
Sean Halpin, MA  
Matthew Brennan, MA  
Theresa Barnett, MS, APRN  
Lynne P. Iannone, MS, CCRP  
Maria A. Zenoni, M.S.  
Julie A. Bugaj, MS  
Christine Bailey, MA  
Peter Charpentier, MPH  
Geraldine Hawthorne-Jones  
Bridget Mignosa  
Lynn Lewis

Dr. Gill is the recipient of an Academic Leadership Award (K07AG3587) from the National Institute on Aging.

The Yale Field Center is partially supported by the Claude D. Pepper Older Americans Independence Center (P30AG021342).

**Cognition Coordinating Center, Wake Forest University, Winston Salem, NC**

Jeff Williamson, MD, MHS – Center Principal Investigator

Kaycee M Sink, MD, MAS – Center Co-Principal Investigator

Hugh C. Hendrie, MB, ChB, DSc (Indiana University)

Stephen R. Rapp, PhD

Joe Verghese, MB, BS (Albert Einstein College of Medicine of Yeshiva University)

Nancy Woolard

Mark Espeland, PhD

Janine Jennings, PhD

Valerie K. Wilson, MD

**Electrocardiogram Reading Center, University of Florida, Gainesville, FL**

Carl J. Pepine MD, MACC

Mario Ariet, PhD

Eileen Handberg, PhD, ARNP

Daniel Deluca, BS

James Hill, MD, MS, FACC

Anita Szady, MD

**Spirometry Reading Center, Yale University, New Haven, CT**

Geoffrey L. Chupp, MD

Gail M. Flynn, RCP, CRFT

Thomas M. Gill, MD

John L. Hankinson, PhD (Hankinson Consulting, Inc.)

Carlos A. Vaz Fragoso, MD

Dr. Fragoso is the recipient of a Career Development Award from the Department of Veterans Affairs.

**Cost Effectiveness Analysis Center**

Erik J. Groessl, PhD (University of California, San Diego and VA San Diego Healthcare System)

Robert M. Kaplan, PhD (Office of Behavioral and Social Sciences Research, National Institutes of Health)