Appendix: Research Investigators for the LIFE Study

The Lifestyle Interventions and Independence for Elders Study is funded by a National Institutes of Health/National Institute on Aging Cooperative Agreement #U01 AG22376 and a supplement from the National Heart, Lung and Blood Institute 3U01AG022376-05A2S, and sponsored in part by the Intramural Research Program, National Institute on Aging, NIH.

Administrative Coordinating Center, University of Florida, Gainesville, FL
Marco Pahor, MD – Principal Investigator of the LIFE Study
Jack M. Guralnik, MD, PhD – Co-Principal Investigator of the LIFE Study (University of Maryland School of Medicine, Baltimore, MD)
Stephen D. Anton, PhD
Thomas W. Buford, PhD
Christiaan Leeuwenburgh, PhD
Susan G. Nayfield, MD, MSc
Todd M. Manini, PhD
Connie Caudle
Lauren Crump, MPH
Latonia Holmes
Jocelyn Lee, PhD
Ronald Lester, PhD, MBA
Ching-ju Lu, MPH
Ryan O’Mara

This research is partially supported by the University of Florida Claude D. Pepper Older Americans Independence Center (1 P30 AG028740).

Data Management, Analysis and Quality Control Center, Wake Forest University, Winston Salem, NC
Michael E. Miller, Ph.D. – DMAQC Principal Investigator
Mark A. Espeland, Ph.D. – DMAQC Co-Principal Investigator
Walter T. Ambrosius, PhD
William Applegate, MD
Don Babcock, BSEE, PE
Daniel P. Beavers, PhD, MS
Robert P. Byington, PhD, MPH, FAHA
Delilah Cook, CCRP
Curt D. Furberg, MD, PhD
Candace Goode
Jason Griffin, BS
Lea N. Harvin, BS
Leora Henkin, MPH, Med
John Hepler, MA
Fang-Chi Hsu, PhD
Kathy Joyce
Laura Lovato, MS
Wesley Roberson, BSBA
Julia Robertson, BS
Julia Rushing, BSPH, MStat
Scott Rushing, BS
Cynthia L. Stowe, MPM
Michael P. Walkup, MS
Don Hire, BS
W. Jack Rejeski, PhD
Jeffrey A. Katula, PhD, MA
Peter H. Brubaker, PhD
Shannon L. Mihalko, PhD
Janine M. Jennings, PhD
Kathy Lane, BA
John Luopa
Sherri Moore
Hoa V. Teuschler, BA

National Institutes of Health, Bethesda, MD
Evan C. Hadley, MD (National Institute on Aging)
Sergei Romashkan, MD, PhD (National Institute on Aging)
Denise E. Bonds, MD, MPH (National Heart, Lung and Blood Institute)
Kushang V. Patel, PhD (National Institute on Aging)

Field Centers

Northwestern University, Chicago, IL
Mary M. McDermott, MD – Field Center Principal Investigator
Bonnie Spring, PhD – Field Center Co-Investigator
Joshua Hauser, MD – Field Center Co-Investigator
Diana Kerwin, MD – Field Center Co-Investigator
Kathryn Domanchuk, BS
Rex Graff, MS
Alvito Rego, MA

Pennington Biomedical Research Center, Baton Rouge, LA
Timothy S. Church, MD, PhD, MPH – Field Center Principal Investigator
Steven N. Blair, PED (University of South Carolina)
Valerie H. Myers, PhD
Ron Monce, PA-C
Nathan E. Britt, NP
Melissa Nauta Harris, BS
Ami Parks McGucken, MPA, BS
Ruben Rodarte, MBA, MS, BS
Heidi K. Millet, MPA, BS
Catrine Tudor-Locke, PhD, FACSM
Ben P. Butitta, BS
Sheletta G. Donatto, MS, RD, LDN, CDE
Shannon H. Cocreham, BS

Stanford University, Palo Alto, CA
Abby C. King, Ph.D. – Field Center Principal Investigator
Cynthia M. Castro, PhD
William L. Haskell, PhD
Randall S. Stafford, MD, PhD
Veronica Yank, MD
Leslie A. Pruitt, PhD
Kathy Berra, MSN, NP-C, FAAN
Carol Bell, NP
Rosita M. Thiessen
Kate P. Youngman, MA
Selene B. Virgen, BAS
Eric Maldonado, BA
Kristina N. Tarin, MS, CSCS
Heather Klaftenegger, BS
Carolyn A. Prosak, RD
Ines Campero, BA
Dulce M. Garcia, BS
José Soto, BA
Linda Chio, BA
David Hoskins, MS

Tufts University, Boston, MA
Roger A. Fielding, PhD – Field Center Principal Investigator
Miriam E. Nelson, PhD
Sara C. Folta, PhD
Edward M. Phillips, MD
Christine K. Liu, MD
Erica C. Cifarelli, MS
Kieran F. Reid, MSc, MPH
Paige C. Lacasse, BS
Dylan R. Kirn, BS
Evan P. Pasha, BS
Karen R. Ruais, NP
Won S. Kim, BS
Julie M. Krol, MS
Vince E. Beard, BS
Eleni X. Tsiroyannis, BS
Cynthia Hau, BS

Dr. Fielding’s contribution is partially supported by the U.S. Department of Agriculture, under agreement No. 58-1950-7-707. Any opinions, findings, conclusion, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the U.S. Dept of Agriculture.

This research is also supported by the Boston Claude D. Pepper Older Americans Independence Center (1P30AG031679).

University of Florida, Gainesville, FL
Todd M. Manini, PhD – Field Center Principal Investigator
Marco Pahor, MD – Field Center Co-Principal Investigator
Stephen D. Anton, PhD
Thomas W. Buford, PhD
Michael Marsiske, PhD  
Susan G. Nayfield, MD, MSc  
Bhanuprasad D. Sandesara, MD  
Mieniecia L. Black, MS  
William L. Burk, MS  
Brian M. Hoover, BS  
Jeffrey D. Knaggs, BS  
William C. Marena, MT, CCRC  
Irina Korytov, MD  
Stephanie D. Curtis, BS  
Megan S. Lorow, BS  
Chaitalee S. Goswami  
Melissa A. Lewis  
Michelle Kamen BS  
Jill N. Bitz  
Brian K. Stanton, BS  
Tamika T. Hicks, BS  
Charles W. Gay, DC  
Chonglun Xie, MD (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Holly L. Morris, MSN, RN, CCRC (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Floris F. Singletary, MS, CCC-SLP (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Jackie Causer, BSH, RN (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Susan Yonce, ARNP (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Katie A. Radcliff, M.A. (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Mallory Picone Smith, B.S. (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Jennifer S. Scott, B.S. (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Melissa M. Rodriguez B.S. (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Margo S. Fitch, P.T. (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Mendy C. Dunn, BSN (Assessment) (Brooks Center for Rehabilitation Studies, Jacksonville, FL)  
Jessica Q. Schlesinger, B.S. (Brooks Center for Rehabilitation Studies, Jacksonville, FL)

This research is partially supported by the University of Florida Claude D. Pepper Older Americans Independence Center (1 P30 AG028740).

**University of Pittsburgh, Pittsburgh, PA**

Anne B. Newman, MD, MPH – Field Center Principal Investigator  
Stephanie A. Studenski, MD, MPH – Field Center Co-Principal Investigator  
Bret H. Goodpaster, PhD  
Oscar Lopez, MD  
Nancy W. Glynn, PhD  
Neelesh K. Nadkarni, MD, PhD  
Diane G. Ives, MPH  
Mark A. Newman, PhD  
George Grove, MS  
Kathy Williams, RN, BSEd, MHSA  
Janet T. Bonk, MPH, RN  
Jennifer Rush, MPH  
Piera Kost, BA
Pamela Vincent, CMA
Allison Gerger, BS
Jamie R. Romeo, BS
Lauren C. Monheim, BS

The Pittsburgh Field Center is partially supported by the Pittsburgh Claude D. Pepper Older Americans Independence Center (P30 AG024827).

**Wake Forest University, Winston Salem, NC**
Stephen B. Kritchevsky, Ph.D. – Field Center Principal Investigator
Anthony P. Marsh, PhD – Field Center Co-Principal Investigator
Tina E. Brinkley, PhD
Jamehl S. Demons, MD
Kaycee M. Sink, MD, MAS
Kimberly Kennedy, BA, CCRC
Rachel Shertzer-Skinner, MA, CCRC
Abbie Wrights, MS
Rose Fries, RN, CCRC
Deborah Barr, MA, RHEd, CHES

The Wake Forest University Field Center is, in part, supported by the Claude D. Pepper Older Americans Independence Center (1 P30 AG21332).

**Yale University, New Haven, CT**
Thomas M. Gill, M.D. – Field Center Principal Investigator
Robert S. Axtell, PhD, FACSM – Field Center Co-Principal Investigator (Southern Connecticut State University, Exercise Science Department)
Susan S. Kashaf, MD, M.P.H. (VA Connecticut Healthcare System)
Nathalie de Rekeneire, MD, MS
Joanne M. McGloin, MDiv, MS, MBA
Karen C. Wu, RN
Lynne P. Iannone, MS, CCRP
Raeleen Mautner, PhD
Denise M. Shepard, RN, MBA
Barbara Fennelly, MA, RN
Theresa Sweeney Barnett, MS, APRN
Sean N. Halpin, MA
Matthew J. Brennen, MA
Julie A. Bugaj, MS
Maria A. Zenoni, M.S.
Bridget M. Mignosa, AS
Sharon M. Huie-White, MPH
Janice Zocher

Dr. Gill is the recipient of a Midcareer Investigator Award in Patient-Oriented Research (K24 AG021507) from the National Institute on Aging.

The Yale Field Center is partially supported by the Claude D. Pepper Older Americans Independence Center (P30AG021342).

**Cognition Coordinating Center, Wake Forest University, Winston Salem, NC**
Jeff Williamson, MD, MHS – Center Principal Investigator
Kaycee M Sink, MD, MAS – Center Co-Principal Investigator
Hugh C. Hendrie, MB, ChB, DSc (Indiana University)
Stephen R. Rapp, PhD
Joe Verghese, MB, BS (Albert Einstein College of Medicine of Yeshiva University)
Nancy Woolard
Mark Espeland, PhD
Janine Jennings, PhD

**Electrocardiogram Reading Center, University of Florida, Gainesville, FL**
Carl J. Pepine MD, MACC
Mario Ariet, PhD
Eileen Handberg, PhD, ARNP
Daniel Deluca, BS
James Hill, MD, MS, FACC
Anita Szady, MD

**Spirometry Reading Center, Yale University, New Haven, CT**
Geoffrey L. Chupp, MD
Gail M. Flynn, RCP, CRFT
Thomas M. Gill, MD
John L. Hankinson, PhD (Hankinson Consulting, Inc.)
Carlos A. Vaz Fragoso, MD

Dr. Fragoso is the recipient of a Career Development Award from the Department of Veterans Affairs.

**Cost Effectiveness Analysis Center**
Erik J. Groessl, PhD (University of California, San Diego and VA San Diego Healthcare System)
Robert M. Kaplan, PhD (Office of Behavioral and Social Sciences Research, National Institutes of Health)